

Nutrition Facts

2 servings per container

Serving size 1 serving (506g)

Amount per serving

Calories 700

% Daily Value*

Total Fat 38g 49%

Saturated Fat 12g 60%

Trans Fat 0g

Cholesterol 205mg 68%

Sodium 880mg 38%

Total Carbohydrate 47g 17%

Dietary Fiber 11g 41%

Total Sugars 9g

Includes 0g Added Sugars 0%

Protein 44g

Vitamin D 0.24mcg (9 IU) 2%

Calcium 474mg 35%

Iron 4mg 25%

Potassium 950mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains: milk