

Nutrition Facts

2 servings per container

Serving size 1 serving (221g)

Amount per serving

Calories 260

% Daily Value*

Total Fat 16g 21%

Saturated Fat 2g 11%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 410mg 18%

Total Carbohydrate 26g 9%

Dietary Fiber 4g 13%

Total Sugars 13g

Includes 7g Added Sugars 14%

Protein 4g

Vitamin D 0.11mcg (4 IU) 0%

Calcium 79mg 6%

Iron 1mg 8%

Potassium 550mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains: milk