

Nutrition Facts

2 servings per container

Serving size 1 serving (340g)

Amount per serving

Calories 430

	% Daily Value*
Total Fat 28g	36%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 105mg	34%
Sodium 480mg	21%
Total Carbohydrate 7g	3%
Dietary Fiber 3g	12%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 37g	

Vitamin D 0.04mcg (1 IU)	0%
Calcium 67mg	6%
Iron 3mg	20%
Potassium 990mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains: fish, milk